

2000 IPF Pan-American Powerlifting Championships
Chicago, Illinois [USA]
April 5 - 9, 2000

MEN	BW	Country	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	TOTAL	W/PTS
-56.0 Kg													
1. Rodriguez/Julio	55.5	Colombia	140	-150	-150	90	100	-105	180	187.5	-190	427.5	392.61
-67.5 Kg													
1. Simmons/Greg	67.3	USA	220	230	-235	140	-145	145	240	250	-257.5	625	483.06
2. Scisney/Keith	67	USA	-230	230	245	140	147.5	150	220	227.5	-230	622.5	482.81
3. Mills/John	65.3	Bahamas	-195	-195	195	135	-145	-145	227.5	250	-260	580	459.47
4. Summers/Brandon	67.2	Canada	177.5	190	-195	115	122.5	130	195	205	212.5	532.5	412.04
-75.0 Kg													
1. Hooper/Wade	74.8	USA	307.5	-317.5	-317.5	190	-205	-205	242.5	-250	-250	740	528.28
2. Marshall/Rick	74.4	Canada	205	220	230	162.5	170	172.5	240	-255	255	657.5	471.16
3. Medina/Daniel	73.6	Mexico	-215	215	-225	130	140	-150	210	-220	—	565	407.98
-82.5 Kg													
1. Becker/Jeff	82	Canada	270	-277.5	-277.5	170	175	180	-280	287.5	297.5	747.5	502.61
2. Benemerito/James	81	USA	265	-272.5	-272.5	180	190	-195	-280	280	-297.5	735	497.88
3. Willet/Mike	82	USA	265	-275	-275	155	162.5	167.5	290	300	-312.5	732.5	492.53
4. Gomez/Victor	81.4	Mexico	-235	235	250	140	150	-155	280	290	-295	690	466.02
5. Leung/Hoi	81.5	Canada	225	-242.5	-245	-135	135	142.5	230	250	262.5	630	425.18
6. Tores/Gilberto	80	Mexico	175	190	195	120	135	-137.5	170	-177.5	-177.5	500	341.35
-90.0 Kg													
1. Wagner/Robert	89.3	USA	272.5	297.5	-310	190	200	-205	292.5	300	-305	797.5	511.19
2. Butt/Jeff	89.4	Canada	240	-250	250	175	180	187.5	250	262.5	-270	700	448.42
3. Salazar/Saul	88.6	Colombia	230	245	255	165	-175	-175	-270	270	...	690	444.08
-100.0 Kg													
1. Gahagan/Char	98.7	USA	290	300	310	175	190	195	332.5	350	-365	855	523.08
2. Nicholls/Tom	99.8	Canada	270	285	-292.5	197.5	205	210	295	310	325.0	820	499.46
3. Mackenzie/Steve	98.3	Canada	275	295	-300	165	175	-182.5	285	-315	—	755	462.73
4. Armendariz/Jesus	97.8	Mexico	235	260	-270	130	140	-145	250	275	-300	675	414.58
5. Ramos/Eloy	95.2	Mexico	200	-225	230	160	-172.5	-172.5	210	-230	-235	600	372.84
-110.0 Kg													
1. Celio/Ralph	109.7	Canada	310	330	-340	190	200	-207.5	290	305	-310	835	491.81
2. Giffin/Mark	109.6	Canada	275	290	300	215	230	-240	275	290	-300	820	483.14
3. Nieves/Larry	109	Puerto Rico	-272.5	272.5	-282.5	160	-172.5	-172.5	272.5	282.5	-287.5	715	421.99
4. Samper/Julio	104.6	Colombia	280	-290	-290	145	155	-160	270	-280	-285	705	421.87
5. Esparza/Cesar	107.8	Mexico	225	235	245	135	145	155	-220	220	-225	620	367.22
6. Marlon/Aldaz	104.8	Mexico	180	-200	-220	140	-160	170	190	-210	-217.5	540	322.92
—, Douglas/Jeff	108.9	USA	-357.5	-357.5	-357.5	—, -	0
-125.0 Kg													
1. McGettigan/Pat	124.3	USA	-325	-325	325	-205	205	-215	352.5	367.5	-375	897.5	512.02
2. Moreno/Enrique	114.7	Colombia	-320	-320	320	185	190	-197.5	280	300	315	825	479.73
3. Nazarov/Sergei	116.6	Canada	270	-290	300	170	-180	-180	270	290	-300	760	440.04
4. O'Halloran/Gerald	124.3	Canada	267.5	285	-290	175	185	-190	235	255	-262.5	725	413.61
5. Gomez/Francisco	117.3	Mexico	180	200	-225	100	-110	-120	200	220	-230	520	300.61
125.0+ Kg													
1. Gillingham/Brad	144.4	USA	-352.5	352.5	-367.5	260	-272.5	-272.5	352.5	370	382.5	995	553.51
2. Betancourt/Diego	125.8	Colombia	-250	250	270	-150	150	-160	200	-220	220	640	364.22
—, Cullan/Sean	150.7	USA	-342.5	-342.5	-342.5
1. USA	72 pts	6 lifters =12-12-12-12-12-12											
2. Canada	60 pts	6 lifters =12-12-9-9-9-9											
3. Colombia	45 pts	5 lifters =12-9-9-8-7											
4. Mexico	40 pts	6 lifters =8-7-7-6-6-6											
5. Puerto Rico	8 pts	1 lifter =8											
6. Bahamas	8 pts	1 lifter =8											

BEST LIFTERS

Overall:	Brad Gillingham, USA,	553.51 pts
Best Squat:	Wade Hooper, USA,	307.5 kg, 219.52 pts
Best Bench:	Brad Gillingham, USA,	260.0 kg, 144.63 pts
Best Deadlift:	Char Gahagen, USA,	350 kg, 214.13 pts

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WOMEN	BW	Country	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	TOTAL	W/PTS
-44.0 Kg													
1. Velez/K	42.9	Puerto Rico	67.5	80	92.5	37.5	42.5	-45	82.5	92.5	115	250	357.9
2. Rios/Susana	42.7	Mexico	60	70	77.5	-30	35	-40	70	80	—	192.5	276.41
-48.0 Kg													
1. Caceros/Olga	46.5	Puerto Rico	-97.5	-97.5	97.5	50	-55	-55	115	127.5	-140	275	372.7
2. Porras/Raquel	47.7	Mexico	62.5	80	-90	-40	45	50	90	-100	-100	220	292.71
—. Feliciano/K	46.3	Puerto Rico	-100	-100	-100	—.-	0
—. Reyes/Gabriela	46.4	Mexico	100	-105	-107.5	-55	-55	-55	—.-	135.73
-52.0 Kg													
1. Gonzalez/Catalina	50.6	Mexico	95	105	110	-50	50	-57.5	115	125	135	295	375.53
2. Velez/Yezenia	51.6	Puerto Rico	-95	-95	95	37.5	-45	-45	120	-130	-130	252.5	316.66
3. Richard/Diane	52	Canada	90	-97.5	97.5	45	50	-55	90	-100	-107.5	237.5	296.06
-56.0 Kg													
1. Keli/	56	USA	147.5	155	-162.5	90	-95	95	155	165	170	420	494.17
2. Allison/Susan	55.2	USA	130	140	147.5	62.5	67.5	-70	140	-152.5	-152.5	355	422.45
3. Cabrera/Dagmarie	55.6	Puerto Rico	110	-117.5	-127.5	65	72.5	-75	122.5	137.5	150	332.5	393.41
-60.0 Kg													
1. Overdeer/Angie	59.3	USA	142.5	152.5	157.5	87.5	95	97.5	-155	155	165	420	472.54
2. Fernanda/Migdalia	60	Puerto Rico	-137.5	147.5	147.5	-75	75	82.5	142.5	157.5	167.5	397.5	443.17
3. Femia/Christine	59.4	USA	142.5	147.5	-152.5	85	-90	-90	140	147.5	157.5	390	438.2
4. Garcia/Iraida	60	Puerto Rico	-125	125	137.5	37.5	45	-52.5	132.5	145	155	337.5	376.27
5. Cervantes/Javel	59.8	Mexico	120	-140	-140	45	-50	55	120	140	-147.5	315	352.1
6. Torez/Miriam	57.3	Mexico	-80	80	-100	45	-52.5	-55	120	130	140	265	306.23
-67.5 Kg													
1. Clark/Rhonda	65.9	USA	137.5	-147.5	-147.5	72.5	-77.5	77.5	185	200	207.5	422.5	438.76
2. Neves/Norma	63.2	Puerto Rico	-150	155	177.5	75	80	-82.5	162.5	-182.5	-182.5	420	449.98
3. Dennis/Kim	64	Canada	127.5	-137.5	137.5	67.5	75	-80	127.5	145	-150	357.5	379.41
4. Fernandez/Carolin	64.6	Mexico	90	105	-120	35	40	-50	110	120	-130	265	279.28
-75.0 Kg													
1. McIntosh/Carla	74.5	Bahamas	137.5	-147.5	—	-72.5	85	-90	145	-165	-165	367.5	350.85
2. Perez/Lorena	69.2	Puerto Rico	142.5	-155	-155	-62.5	62.5	-72.5	142.5	157.5	-172.5	362.5	363.51
3. Welding/Ruth	68.1	USA	130	-135	-135	-67.5	67.5	75	142.5	155	-170	360	365.11
—. Vera/Maria	74.1	Mexico	-120	-120	-120	—.-	0
-82.5 Kg													
1. Cataldo/Liane	77.4	USA	160	170	175	102.5	107.5	-112.5	167.5	175	-185	457.5	426.66
2. Hartle/Monique	75.5	Canada	140	145	150	80	85	90	125	142.5	-152.5	382.5	362.11
3. Newman/Christy	76.5	USA	130	142.5	-147.5	95	-102.5	-102.5	145	-155	-157.5	382.5	359.2
4. Haywood/Susan	81.7	Canada	90	100	110.0	65	-72.5	-72.5	110	120	125.0	300	271.38
-90.0 Kg													
1. Williams/Geneva	89	USA	175	-180	180	87.5	-92.5	92.5	180	-190	190	462.5	401.49
2. Newbold/Natasha	83.5	Bahamas	142.5	160	182.5	-100	100	-107.5	142.5	160	-175	442.5	395.77
90.0+ Kg													
1. Hallen/Sue	105	USA	140	155	167.5	100	115	-125	137.5	150	-165	432.5	355.38
2. Leclerc/Kisa	114.2	Puerto Rico	-107.5	-107.5	110	62.5	-75	85	127.5	137.5	155	350	282.45
WOMENS TEAMS													
1. USA	72 pts	6 lifters	=12-12-12-12-12										
2. Puerto Rico	60 pts	6 lifters	=12-12-9-9-9-9										
3. Mexico	51 pts	6 lifters	=12-9-9-7-7-7										
4. Canada	30 pts	4 lifters	=9-8-8-7										
5. Bahamas	21 pts	2 lifter	=12-9										
BEST LIFTERS													
Overall:	Keli, USA,	494.17 pts											
Best Squat:	Norma Nieves, PUR,	177.5 kg, 190.17 pts											
Best Bench:	Keli, USA, 95.0 kg,	111.77 pts											
Best Deadlift:	Rhonda Clark, USA,	207.5 kg, 215.48 pts											