



3rd IPF/NAPF North American Regional Powerlifting Championships

June 18 & 19, 2005 - Miami, Florida

Womens Classes 67.5kg - 90+kg



NAPF

NR	BDW.	NAME	DOB	Country	SQUAT			BENCHPRESS			SUB.	DEADLIFT			TOT.	Wilk's	PL.	Pts	4. SQ	4. BP	4.DL
					1.	2.	3.	1.	2.	3.		1.	2.	3.							
<u>67.5kg/148lb Class</u>																					
67.50		Kimberly Walford	1978	USA	162.5	-182.5	182.5	105.0	112.5	-120.0	295.0	220.0	-232.5	-232.5	515.0	525.61	1.0	12.0			
65.70		Bernadette Bannister	1965	Bahamas	145.0	165.0	-172.5	65.0	70.0	80.0	245.0	135.0	140.0	145.0	390.0	405.91	2.0	9.0			
64.50		Yadira Diaz	1983	Puerto Rico	115.0	-125.0	130.0	62.5	72.5	82.5	212.5	115.0	125.0	-137.5	337.5	356.10	3.0	8.0			
63.30		Janet Warne	1952	Canada	125.0	-135.0	-135.0	72.5	-77.5	-77.5	197.5	125.0	130.0	-140.0	327.5	350.46	4.0	7.0			
<u>75kg/165lb Class</u>																					
71.30		Anais Velez	1983	Puerto Rico	142.5	-167.5	-167.5	62.5	-70.0	-70.0	205.0	-142.5	142.5	160.0	365.0	358.58	1.0	12.0			
71.80		Regina Hackney	1939	USA	102.5	110.0	Pass	65.0	-70.0	-70.0	175.0	120.0	130.0	140.0	315.0	308.04	2.0	9.0			
<u>82.5kg/181lb Class</u>																					
75.50		Kimmie Everett	1983	USA	-185.0	185.0	190.0	100.0	107.5	112.5	302.5	175.0	182.5	187.5	490.0	463.88	1.0	12.0			
80.40		Maguena Aragon	1962	Guatemala	137.5	142.5	150.0	120.0	-127.5	-127.5	270.0	137.5	145.0	157.5	427.5	390.09	2.0	9.0			
76.40		Mariel Mercado	1980	Puerto Rico	-157.5	-157.5	-157.5	-80.0	80.0	-87.5		135.0	145.0	-150.0							
<u>90kg/198lb Class</u>																					
87.40		Bonica Brown	1988	USA	185.0	-217.5	217.5	105.0	120.0	-127.5	337.5	175.0	-200.0	-202.5	512.5	448.49	1.0	12.0	227.5		
88.80		Giselle Costas	1980	Puerto Rico	170.0	-192.5	-220.0	85.0	117.5	-127.5	287.5	192.5	212.5	-227.5	500.0	434.50	2.0	9.0			
88.80		Jenitza Vargas	1988	Puerto Rico	PASS	115.0	140.0	-65.0	65.0	80.0	220.0	142.5	160.0	-170.0	380.0	330.22	3.0	8.0			
<u>90+kg/198+lb Class</u>																					
107.70		Rochelle Hecht	1986	USA	155.0	167.5	177.5	77.5	85.0	-92.5	262.5	117.5	135.0	145.0	407.5	332.85	2.0	12.0			
99.20		Meliani Santiago	1985	Puerto Rico	142.5	160.0	-175.0	72.5	-82.5	-82.5	232.5	150.0	160.0	-175.0	392.5	327.58	3.0	9.0			
138.50		Amber Heard [R]	1987	USA	-192.5	192.5	-227.5	87.5	95.0	100.0	292.5	147.5	-175.0	177.5	470.0	366.22					
		Nancy Edelson [R]		USA																	

[R] = Reserve Lifter